JUNIOR MEMBER CODE OF CONDUCT

Version 1.0 July 2026

For Finch Coasters Junior Members aged 12-17 during the initial junior trial

This Code explains the behaviour expected of Junior Members so that everyone can enjoy running in a safe, friendly and respectful environment. It reflects Finch Coasters rules and the safeguarding standards expected in athletics.

As a Finch Coasters Junior Member, I agree to:

- Treat other runners, volunteers, run hosts, Junior Hosts, officials, members of the public and other athletes with respect and kindness.
- Listen to and follow reasonable instructions from the run host, LiRF-qualified Junior Host and other authorised Club volunteers.
- Arrive on time and bring suitable clothing, footwear and any required safety equipment, including a head/body torch when the session is advertised as torch mandatory.
- Tell the Junior Host or run host if I feel unwell, injured, unsafe, worried or unable to continue.
- Stay within the organised group and not deliberately leave the route, fall behind, run ahead out of sight or leave the session without permission.
- Be considerate to other road and footpath users, give way where appropriate and follow instructions at road crossings or other hazards.
- Avoid dangerous behaviour, abusive language, bullying, harassment, discrimination, violence, sexualised behaviour or anything that could make another person feel unsafe or unwelcome.
- Respect other people's privacy and personal boundaries.
- Tell a trusted adult, the Junior Welfare Officer or another appropriate Club adult if I am worried about something that has happened to me or someone else.

Online contact and social media

- I will not join or attempt to join the closed Finch Coasters Members Facebook Group while I am under 18.
- I will not privately contact, message, friend or follow adult Finch Coasters members outside my own family through social media or direct/private messaging.
- If I need to contact the Club, I will do so through my parent/legal guardian or an approved Club communication route.
- I will not post abusive, discriminatory, sexual, threatening or defamatory content about Finch Coasters, its members, volunteers, other runners or officials.

Photography and video

- **Finch Coasters rule**
  Junior Members must not be photographed or videoed in connection with Finch Coasters activities.
- I will tell the Junior Hoster, run host, Junior Welfare Officer or my parent/guardian if I think someone is deliberately photographing or filming me during a Finch Coasters activity.
- I will not photograph or video another Junior Member in connection with Finch Coasters activities.

Safeguarding and speaking up

- I have the right to feel safe and to be listened to.
- I do not have to keep a secret about something that makes me feel unsafe, uncomfortable or worried.
- If something feels wrong, I can tell my parent/guardian, the Junior Welfare Officer, the Club Welfare Officer, the Junior Host or another trusted adult.
- I will not knowingly make false or malicious allegations about another person.

Club rules and consequences

I will follow the Finch Coasters Junior Safeguarding Policy, Health and Safety Policy, Social Media Policy and other rules that apply to Junior Members. Serious or repeated breaches may result in action under the Club's safeguarding and/or grievance and disciplinary procedures, including restrictions on participation, suspension or termination of membership where appropriate.

Junior Member name: _____

Signature: _____ Date: _____

Parent/guardian confirmation: _____ Date: _____